

# What to Expect: Medication Instructions

## PLEASE FOLLOW THESE INSTRUCTIONS

- Remove gauze before eating, drinking, sleeping, or taking any medications.
- Make sure you eat before taking any pain or antibiotic medication as it may upset your stomach. We recommend soft foods such as ice cream, yogurt, applesauce, mashed potatoes, etc.

## PAIN

- Starting immediately after the procedure, take one prescription Motrin/Ibuprofen (600mg) or three over-the-counter Motrin/Ibuprofen (200mg) tablets every six hours.
- If you feel the Motrin is sufficient for your pain, combine Acetaminophen (500mg)
- You should not drink alcohol after taking medication

## ANTIBIOTIC

- Take Amoxicillin/Penicillin or Clindamycin as directed on the prescription label. Continue with the antibiotic until prescription is finished.

## PERIDEX/PERIOGUARD

- Starting the day after the procedure, gently rinse with Peridex/Perioguard twice a day. Continue for one week after the procedure. If you are an implant patient, gently rinse with Peridex twice a day for a week. Following the first week, use a cotton swab dipped in Peridex to keep the implant site clean.
- If a prescription rinse has not been prescribed by your physician, rinse with warm saltwater after meals to keep the surgical sites clean.